



BLENDED

Heartsaver eLearning courses are the online portion of blended learning course delivery, and are designed to teach cognitive knowledge to adequately prepare students for hands-on practice and testing of first aid, CPR, and AED skills with an AHA Instructor.

Blended learning courses use online technology not only to supplement but also to transform and improve the learning process. Successful blended learning can reach students with varying learning styles and in different environments. Courses can be taken at your own pace, provide flexibility in training delivery for students, employers, and AHA Instructors and can be a convenient alternative to Heartsaver Instructor-led Training.



HEARTSAVER eLEARNING COURSE OFFERINGS



First Aid



CPR AED



First Aid
CPR AED

WHO SHOULD TAKE THE COURSE?

Heartsaver courses are designed for anyone with little or no medical training who needs a course completion card for job, regulatory (e.g., OSHA), or other requirements. These courses can also be taken by anyone who wants to be prepared for an emergency in any setting.

COURSES COVER

Heartsaver eLearning courses offered include: Heartsaver First Aid Online, Heartsaver CPR AED Online and Heartsaver First Aid CPR AED Online.

At the end of the Heartsaver First Aid course, students will be able to:

- List the priorities, roles, and responsibilities of first aid rescuers
- Describe the key steps in first aid
- Remove protective gloves
- Find the problem
- Describe the assessment and first aid actions for the following life-threatening conditions: heart attack, difficulty breathing, choking, severe bleeding, shock, and stroke
- Use an epinephrine pen
- Control bleeding and bandaging

At the end of the Heartsaver CPR AED course, students will be able to:

- Describe how high-quality CPR improves survival
- Explain the concepts of the Chain of Survival
- Recognize when someone needs CPR
- Perform high-quality CPR for an adult
- Describe how to perform CPR with help from others
- Give effective breaths by using mouth-to-mouth or a mask for all age groups
- Demonstrate how to use an AED on an adult
- Demonstrate high-quality CPR for a child and infant*
- Demonstrate how to use an AED on a child*
- Describe when and how to help a choking adult or child
- Demonstrate how to help a choking infant*

*Child and infant modules are optional.

Order Today!

heart.org/workforcetraining