

## BLS Instructor Essentials Online; Enduring Web course

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Original Release Date: 3/26/2021

Last Review Date: January 2024

Termination Date: 03/25/2027

### **Description**

BLS Instructor Essentials Online is the self-directed, online portion of the BLS Instructor Essentials blended learning course. Course content covers steps for becoming an AHA Instructor and steps of the instruction cycle: Prepare, Teach, Test & Remediate, Close, and Keep Current. This course includes core information about instructing AHA BLS Provider courses, followed by course-specific information.

### **Learning Objectives**

At the conclusion, participants should be able to:

1. Identify the prerequisites to becoming an AHA Instructor
2. Describe the usability of the Program Administration Manual
3. Describe the core competencies of an AHA Instructor
4. Describe the 5 steps of the AHA Instruction Cycle: prepare, teach, test and remediate, close, and keep current
5. Identify resources available to an AHA Instructor
6. Describe how to use discipline-specific AHA Instructor materials: the Instructor Manual, Lesson Plans, course videos, and skills testing checklists
7. Identify discipline-specific course formats available to students for completion of the course
8. Describe discipline-specific course completion requirements
9. Describe discipline-specific flexibility options available to an AHA Instructor within the course
10. Describe the requirements for how to maintain an AHA Instructor status
11. Demonstrate structured debriefing skills
12. Describe effective AHA Instructor feedback and remediation techniques
13. Demonstrate the administration of skills testing with the use of the skills testing checklists
14. Describe the use of a CPR Coach

### **Accreditation Terms**

Joint Accreditation: 03/26/2024 – 03/25/2027

CAPCE: 03/26/2024 – 03/25/2027

AARC: N/A

### **Accreditation Statements**

## Joint Accreditation Statements



In support of improving patient care, this activity has been planned and implemented by The American Heart Association. The American Heart Association is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### **AMA Credit Designation Statement - Physicians**

The American Heart Association designates this activity for a maximum of 1.00 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **AAPA Credit Acceptance Statement – Physician Assistants**

AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit*<sup>™</sup> from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 1.00 hours of Category I credit for completing this program.

### **AANP Credit Acceptance Statement – Nurse Practitioners**

American Academy of Nurse Practitioners (AANP) accepts *AMA PRA Category 1 Credit*<sup>™</sup> from organizations accredited by the ACCME.

### **ANCC Credit Designation Statement - Nurses**

The maximum number of hours awarded for this CE activity is 1.25 contact hours.

### **Continuing Education Accreditation – Emergency Medical Services**

This continuing education activity is approved by the American Heart Association, an organization accredited by the Commission on Accreditation of Pre-Hospital Continuing Education (CAPCE), for 1.00 Educator CEHs, activity number 24-AMHA-F3-0009.

By claiming CAPCE credit, the claimant acknowledges the following: I understand that the American Heart Association as a requirement of CAPCE accreditation will submit a record of my course completions to the CAPCE AMS. I further understand that my course completion records may be accessed by or shared with such regulators as state EMS offices, training officers, and NREMT on a password-protected, need-to-know basis. In addition, I understand that I may review my record of CAPCE-accredited course completions by contacting CAPCE.

## Participation and Successful Completion

Successful completion of this CE activity includes the following:

1. Complete all portions of the online course
2. Complete the course evaluation
3. Print the Certificate/Statement of Credit

## Disclosure Statement

All persons in a position to control educational content of a CE activity provided by the American Heart Association must disclose to the audience all financial relationships with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. The presence or absence of all financial relationships will be disclosed to the audience in activity materials. All unlabeled/unapproved uses of drugs or devices discussed will also be disclosed to the audience. All relevant financial relationships have been mitigated prior to the commencement of the activity.

The following authors/faculty have declared NO financial interest(s) and/or affiliations:

Kelly D. Kadlec, MD, MEd  
Jeanette Previdi, MPH, RN  
Deb Torman, MBA, MEd, AT, ATC, EMT-P  
Jeff Fraler, MS  
Deborah Haile, RN  
Kenza Martin, MSHSA, RN, PMP  
Amber Hoover, RN, MSN  
Julie A. Mallory  
Amy Thomas  
Juno Bender

This list represents the relationships that may be perceived as actual or reasonable conflicts of interest as reported on the Disclosure Questionnaire, which all AHA volunteers are required to complete and submit. The focus is on relevant financial relationships with commercial interests in the 24-month period preceding the time that the individual is being asked to assume a role controlling content:

N/A

## Target Audiences

AHA BLS Instructor candidates:

Physicians  
Physician Assistants  
Nurse Practitioners  
Nurses  
EMS

**ADA Statement**

The American Heart Association does not provide advice to Training Centers on ADA requirements or any other laws, rules, or regulations. Training Centers must determine accommodations necessary to comply with applicable laws. AHA recommends consultation legal counsel.

Core curriculum change requests for accessibility purposes must be scientifically based and approved in advance in writing by the AHA ECC Science & Product Development department; otherwise a student must be able to successfully perform all course requirements (skills and written tests as indicated) to receive a course completion card. Reasonable accommodations may be made, such as placing the manikin on a table at the height necessary for wheelchair-bound individuals. However, the skills must be satisfactorily completed during the testing sessions. Guidelines for accommodating students with special needs or disabilities may be found in the Program Administration Manual.