

HeartCode Basic Life Support (BLS) Online Course; Enduring Web course

Original Release Date: 10/21/2020

Last Review Date: September 2023

Termination Date: 10/19/2026

Description

HeartCode BLS is the online portion of BLS blended learning that will adequately prepare students for hands-on practice and testing of BLS skills. It uses a variety of eLearning assets such as dramatizations, eSimulations, animations, self-direct learning, and interactive activities to teach students BLS knowledge and skills.

Learning Objectives

At the conclusion, participants should be able to

1. Describe the importance of high-quality CPR and its impact on survival
2. Describe all of the steps of the Chain of Survival
3. Apply the BLS concepts of the Chain of Survival
4. Recognize the signs of someone needing CPR
5. Perform high-quality CPR for an adult
6. Describe the importance of early use of an AED
7. Demonstrate the appropriate use of an AED
8. Provide effective ventilation by using a barrier device
9. Perform high-quality CPR for a child
10. Describe the importance of teams in multirescuer resuscitation
11. Perform as an effective team member during multirescuer CPR
12. Perform high-quality CPR for an infant
13. Describe the technique for relief of foreign-body airway obstruction for an adult or child
14. Describe the technique for relief of foreign-body airway obstruction for an infant

Accreditation Terms

Joint Accreditation: 10/20/2023 – 10/19/2026

CAPCE: 10/20/2023 – 10/19/2026

AARC: N/A

Accreditation Statements

Joint Accreditation Statements



In support of improving patient care, this activity has been planned and implemented by The American Heart Association. The American Heart Association is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

AMA Credit Designation Statement - Physicians

The American Heart Association designates this activity for a maximum of 1.00 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAPA Credit Acceptance Statement – Physician Assistants

AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit™* from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 1.00 hours of Category I credit for completing this program.

AANP Credit Acceptance Statement – Nurse Practitioners

American Academy of Nurse Practitioners (AANP) accepts *AMA PRA Category 1 Credit™* from organizations accredited by the ACCME.

ANCC Credit Designation Statement - Nurses

The maximum number of hours awarded for this CE activity is 1.00 contact hours.

ACPE Credit Designation Statement – Pharmacists

ACPE Credit: 0.75 Contact Hours. Universal Program Number: JA0000134-0000-23-131-H04-P

Continuing Education Accreditation – Emergency Medical Services

This continuing education activity is approved by the American Heart Association, an organization accredited by the Commission on Accreditation of Pre-Hospital Continuing Education (CAPCE), for 0.75 Basic CEHs, activity number 23-AMHA-F4-0033.

By claiming CAPCE credit, the claimant acknowledges the following: I understand that the American Heart Association as a requirement of CAPCE accreditation will submit a record of my course completions to the CAPCE AMS. I further understand that my course completion records may be accessed by or shared with such regulators as state EMS offices, training officers, and NREMT on a password-protected, need-to-know basis. In addition, I understand that I may review my record of CAPCE-accredited course completions by contacting CAPCE.

Participation and Successful Completion

- I. Learners will register through RQI 1Stop or related LMS
- II. Attendees will claim credit on a variety of online LMS'

Successful completion of this CE activity includes the following:

1. Complete all portions of the online course
2. Complete the course evaluation
3. Print the Certificate/Statement of Credit

Disclosure Statement

All persons in a position to control educational content of a CE activity provided by the American Heart Association must disclose to the audience all financial relationships with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. The presence or absence of all financial relationships will be disclosed to the audience in activity materials. All unlabeled/unapproved uses of drugs or devices discussed will also be disclosed to the audience. All relevant financial relationships have been mitigated prior to the commencement of the activity.

The following authors/faculty have declared NO financial interest(s) and/or affiliations:

Jose G. Cabanas, MD, MPH
Jeanette Previdi, MPH, RN
Bryan Fischberg, NRP
Sarah Livings, PharmD
Kenza Martin, MSHSA, RN, PMP
Amber Hoover, RN, MSN
Comilla Sasson, MD, PhD
Deanna Rodriguez, MBA
Lauren Sanderson, MS

This list represents the relationships that may be perceived as actual or reasonable conflicts of interest as reported on the Disclosure Questionnaire, which all AHA volunteers are required to complete and submit. The focus is on relevant financial relationships with commercial interests in the 24-month period preceding the time that the individual is being asked to assume a role controlling content:

N/A

Target Audiences

1. Physicians
2. Physician Assistants
3. Nurse Practitioners
4. Nurses
5. Pharmacists
6. EMS

ADA Statement

The American Heart Association does not provide advice to Training Centers on ADA

requirements or any other laws, rules, or regulations. Training Centers must determine accommodations necessary to comply with applicable laws. AHA recommends consultation with legal counsel.

Core curriculum change requests for accessibility purposes must be scientifically based and approved in advance in writing by the AHA ECC Science & Product Development department; otherwise, a student must be able to successfully perform all course requirements (skills and written tests as indicated) to receive a course completion card. Reasonable accommodations may be made, such as placing the manikin on a table at the height necessary for wheelchair-bound individuals. However, the skills must be satisfactorily completed during the testing sessions. Guidelines for accommodating students with special needs or disabilities may be found in the Program Administration Manual.