# HeartCode Basic Life Support (BLS); Enduring Webcourse

ORIGINAL RELEASE DATE:

2/25/2019

LAST REVIEW DATE: February 2019

TERMINATION DATE: 2/24/2022

## **DESCRIPTION:**

The HeartCode BLS course is designed for healthcare providers caring for patients both in and out of the hospital setting. The course educates participants in how to promptly recognize cardiac arrest, activate the emergency response system, give high-quality chest compressions, deliver appropriate ventilations, and provide early use of an automated external defibrillator (AED), both as part of a team and individually. The course covers adult, child, and infant CPR techniques.

#### **LEARNING OBJECTIVES:**

At the conclusion, participants should be able to:

- Objective 1: Describe the importance of high-quality CPR and its impact on survival
- Objective 2: Describe and apply all of the steps of the Chain of Survival
- Objective 3: Recognize the signs of someone needing CPR
- Objective 4: Perform high-quality CPR for an adult
- Objective 5: Descrie the importance of early use of an AED and demonstrate the appropriate use of an AED
- Objective 6: Provide effective ventilation by using a barrier device
- Objective 7: Describe the importance of teams in multi-rescuer resuscitation and how to perform as an effective team member during mulit-resucer CPR
- Objective: 8 Perform high-quality CPR for a child and infant
- Objective 9: Describe the technique for relief of foreign-body airway obstruction for an adult, child and infant
- Objective 10: Describe the technique for mouth-to-mouth, mouth-to-nose and rescue breaths for an adult, child and infant

#### **ACCREDITATION TERMS:**

Joint Accreditation – 2/25/2019 – 2/24/2022 CAPCE – 2/25/2019 – 2/24/2022

## **ACCREDITATION STATEMENTS:**

In support of improving patient care, this activity has been planned and implemented by The American Heart Association and American Medical Association. The American Heart Association is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

#### AMA Credit Designation Statement - Physicians

The American Heart Association designates this live activity for a maximum of 1.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

\*\*AMA Credit must be claimed within 6 months of attendance. CME/CE will no longer be available to claim for this activity after six months of attending.

#### AAPA Credit Acceptance Statement – Physician Assistants

AAPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 1.75 hours of Category I credit for completing this program.

## AANP Credit Acceptance Statement – Nurse Practitioners

American Academy of Nurse Practitioners (AANP) accepts AMA PRA Category 1 CreditTM from organizations accredited by the ACCME.

## ANCC Credit Designation Statement - Nurses

The maximum number of hours awarded for this CE activity is 1.75 contact hours.

\*\*ANCC Credit must be claimed within 6 months of attendance. CME/CE will no longer be available to claim for this activity after six months of attending.

### ACPE Credit Designation Statement - Pharmacists

ACPE Credit: 1.75 Contact Hours. Universal Program Number: JA0000134-0000-19-013-H04-P

\*\*ACPE Credit must be claimed within 30 days of attendance. ACPE credit will no longer be available to claim after one month of attending.

# Continuing Education Accreditation – Emergency Medical Services

This continuing education activity is approved by the American Heart Association, an organization accredited by the Commission on Accreditation of Pre-Hospital Continuing Education (CAPCE), for 1.75 Basic CEHs, activity number 19-AMHA-F3-0025.

\*\*CAPCE credit must be claimed within 6 months of attendance. CME/CE credit will no longer be available to claim for this activity after the 6 month claiming period.

By claiming CAPCE credit, the claimant acknowledges the following: I understand that the American Heart Association as a requirement of CAPCE accreditation will submit a record of my course completions to the CAPCE AMS. I further understand that my course completion records may be accessed by or shared with such regulators as state EMS offices, training officers, and NREMT on a password-protected, need-to-know basis. In addition, I understand that I may review my record of CAPCE-accredited course completions by contacting CAPCE.

### **DISCLOSURES FOR: HeartCode BLS**

Disclosures for HeartCode Basic Life Support Part 1:

- I. Learners will register at their place of employment or training center.
- II. AHA has an automated claiming system in our Instructor Network (for EMS).

## Successful completion of this CE activity includes the following:

- (1)Complete all required modules in the online course and pass the BLS exam with at least an 84% passing rate.
- (2) Print the Certificate/Statement of Credit.
- III. Cost for BLS ILT is determined and set by Training Center.

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### **DISCLOSURE STATEMENT**

All persons who develop and/or control educational content in CME/CE activities provided by the American Heart Association will disclose to the audience all financial relationships with any commercial supporters of this activity as well as with other commercial interests whose lines of business are related to the CME/CE-certified content of this activity. In addition, presenters will disclose unlabeled/unapproved uses of drugs or devices discussed in their presentations. Such disclosures will be made in writing in course presentation materials.

I. The following authors/faculty have declared NO financial interest(s) and/or affiliations:

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## Unlabeled/unapproved uses of drugs or devices included in this activity

None

## **TARGET AUDIENCES:**

Primary Audience:

- 1) Physicians
- 2) Physician Assistants
- 3) Nurse Practitioners
- 4) Nurses
- 5) Pharmacists
- 6) EMS

## ADA STATEMENT:

The American Heart Association does not provide advice to Training Centers on ADA requirements or any other laws, rules or regulations. Training Centers must determine accommodations necessary to comply with applicable laws. AHA recommends consultation with legal counsel.

Core curriculum change requests for accessibility purposes must be scientifically based and approved in advance in writing by the AHA ECC Science & Product Development department; otherwise a student must be able to successfully perform all course requirements (skills and written tests as indicated) to receive a course completion card. Reasonable accommodations may be made, such as placing the manikin on a table at the height necessary for wheelchair-bound individuals. However the skills must be satisfactorily completed during the testing sessions. Guidelines for accommodating students with special needs or disabilities may be found in the Program Administration Manual.